



“A healthy outside starts from the inside”- From Good Shepherd School

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday

205 Popcorn Chicken
630 Dragon Punch Vegetable Juice
611 Bagged Baby Carrots
690 Apple Crisps
990 Chocolate Chip Cookie

4

221 Two Cheese Chicken Quesadilla
639 Corn
620 Salsa
749 Apple-Cherry Juice
941 Tostitos Scoops

5

264 4x6" Cheese Pizza
623 Broccoli
608 Dole Tropical Fruit Cup

6

253 Hot Dog with French Fries
603 Maple Baked Beans
694 Kiwi Strawberry Sidekick
906 Hot Dog Bun

7

203 Macaroni & Cheese
624 Garlic Green Beans
633 Wango Mango Vegetable Juice
658 Cherry Craisins
909 Dinner Roll

8

255 Cheese Stuffed Breadsticks
622 Marinara Sauce
632 Wango Mango Vegetable Juice
697 Bagged Sliced Apples

11

251 Chicken Nuggets
611 Bagged Baby Carrots
541 Chocolate Hummus
686 Hip Hopin Water Ice
993 Bunny Holiday Cookie

12

201 Cheeseburger
634 Hash Browns
630 Dragon Punch Vegetable Juice
647 Dole Mandarin Orange Cup
915 Hamburger Bun

13

NO SCHOOL
Holy Thursday

14

NO SCHOOL
Good Friday

15

NO SCHOOL
Easter Monday

18

275 BBQ Chicken Filet
704 French Fries
752 Fruit Punch Juice
915 Hamburger Bun

19

270 Chicken Tenders with Mac & Cheese
623 Broccoli
630 Dragon Punch Vegetable Juice
684 Mixed Berry Applesauce
909 Dinner Roll

20

205 Popcorn Chicken
639 Corn
749 Apple-Cherry Juice
941 Tostitos Scoops
620 Salsa

21

272 Four Cheese Panini
611 Bagged Baby Carrots
632 Wango Mango Vegetable Juice
691 Strawberry Apple Crisps

22

215 Beef & Cheese Taco
620 Salsa
639 Corn
659 Watermelon Craisins
941 Tostitos Scoops

25

211 Sloppy Joe
624 Garlic Green Beans
695 Strawberry-Mango Sidekick
915 Hamburger Bun

26

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds
611 Bagged Baby Carrots
545 Cranberry Orange Hummus
645 Dole Pineapple Cup

27

200 Hamburger
708 Romaine Salad with Spinach & Chickpeas
752 Fruit Punch Juice
915 Hamburger Bun

28

255 Cheese Stuffed Breadsticks
622 Marinara Sauce
631 Cherry Star Vegetable Juice
684 Mixed Berry Applesauce

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PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.